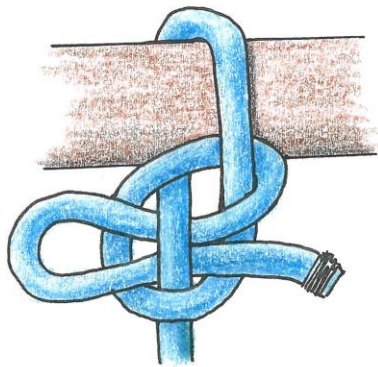


NODI

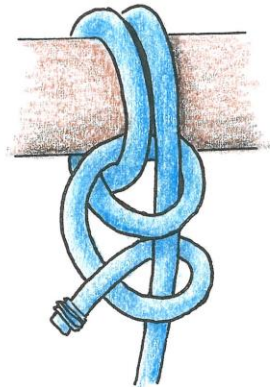
**I nodi più utili, con disegni,
nomi e video per allenarsi!**



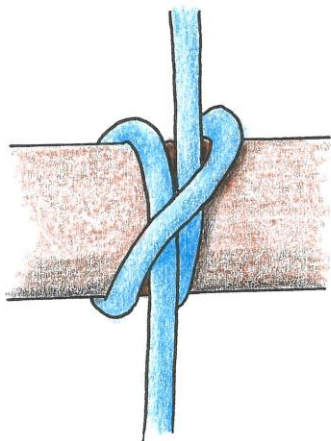
A AVVOLGIMENTO



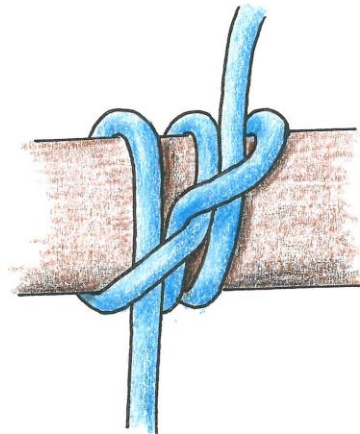
EVASO



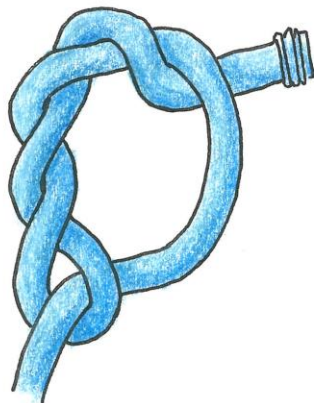
ANCORA



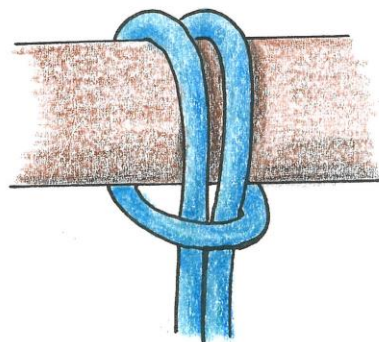
PARLATO
PALETTO
BARCAIOLO



PARLATO
DOPPIO



ANGUILLA
MURATORE

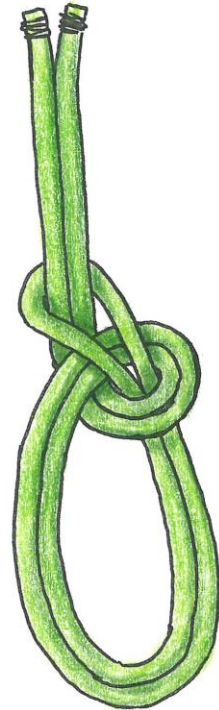


BOCCA DI
LUPO

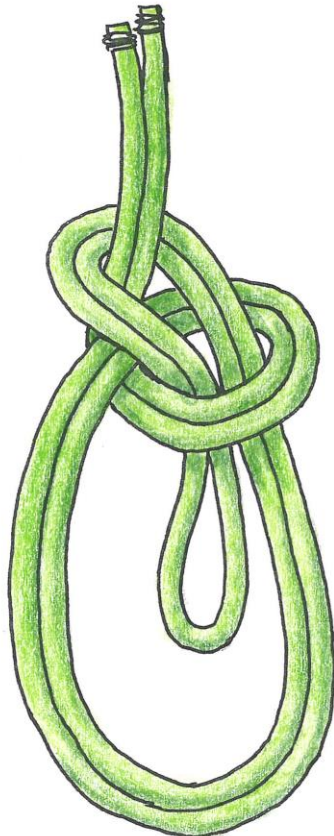
B GASSE



BOLINA
GASSA D'AMANTE

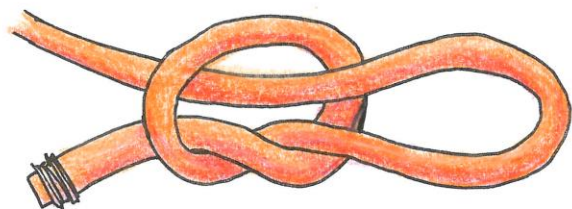


GASSA DOPPIA
(CORDA DOPPIA)

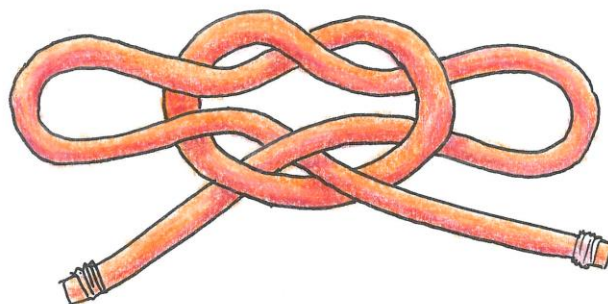


GASSA
TRIPLA

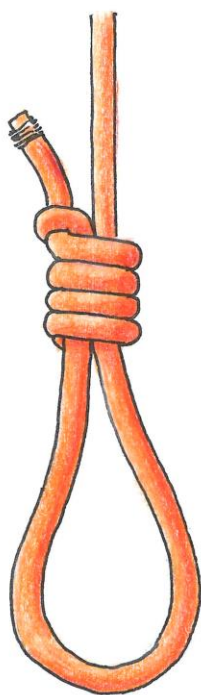
C SCORSOI



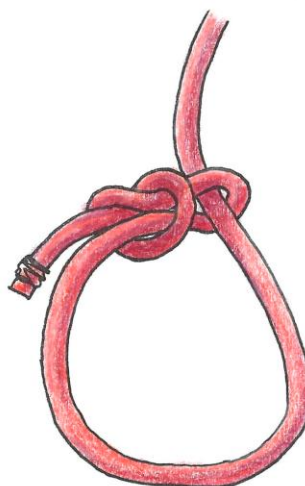
SCORSIO
GALERA



MANETTE

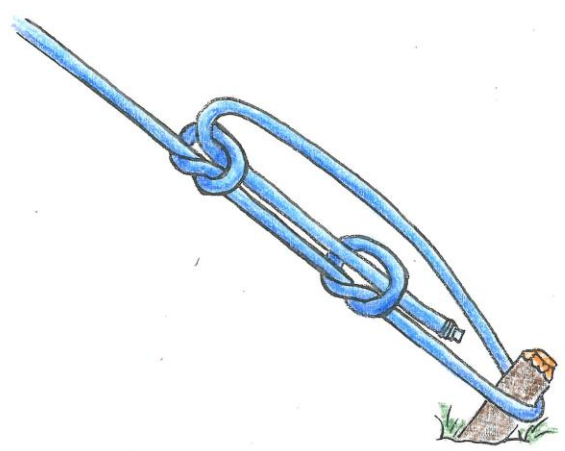


CAPPIO

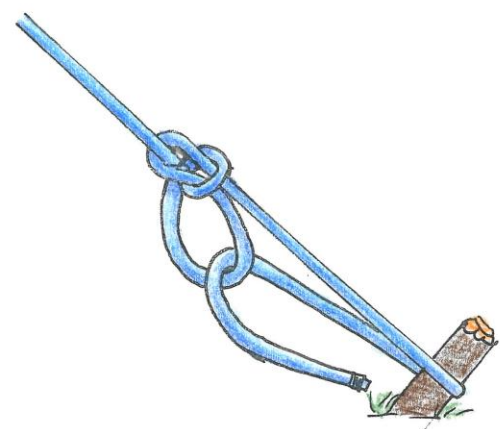


LAZO

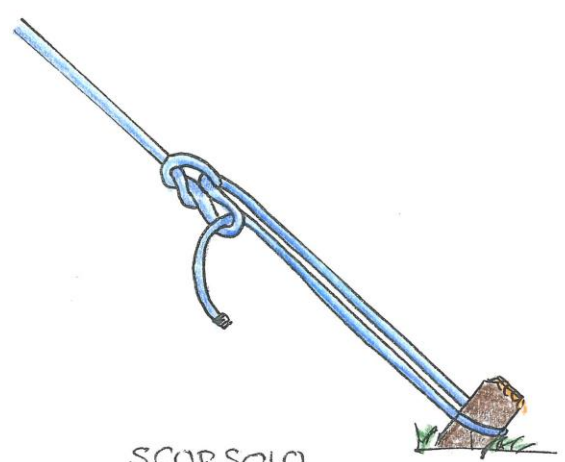
D TIRANTI



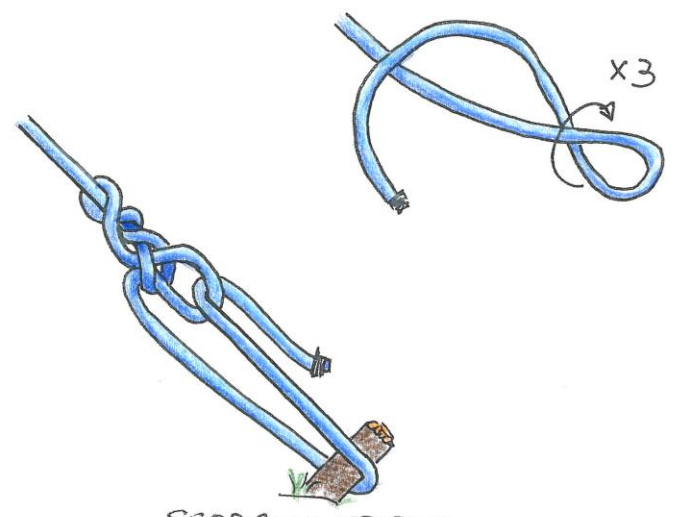
AUTO BLOCCANTE



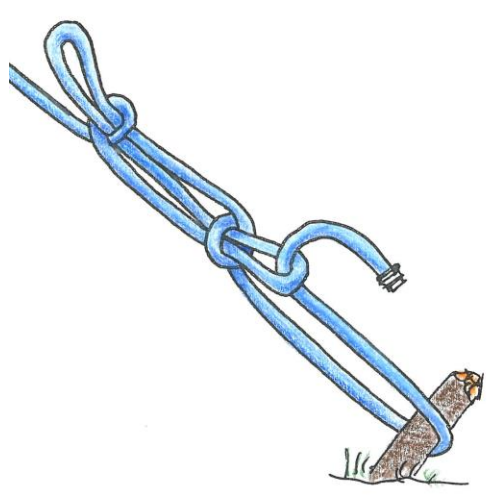
GASSA INVERSA



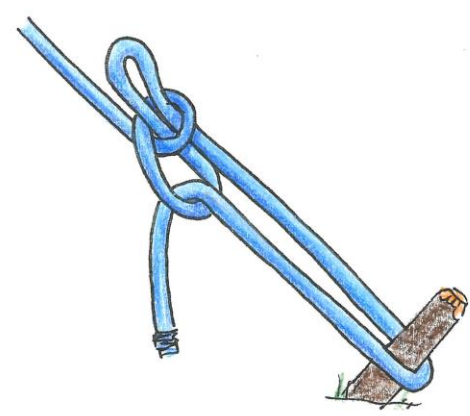
SCORSOIO (GALERA)



SCORSOIO TRIPLO

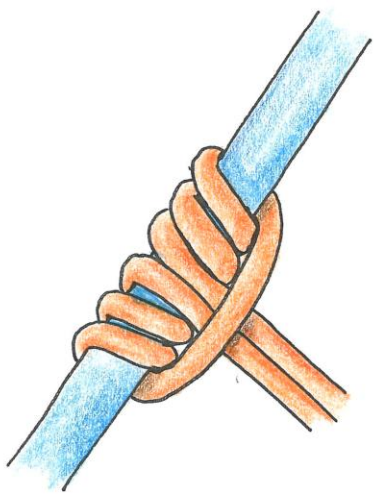


MARGHERITA

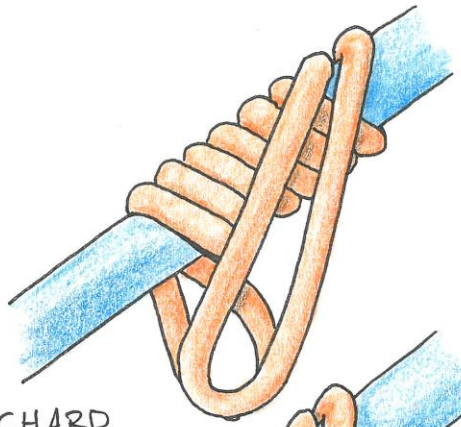


MEZZO MARGHERITA

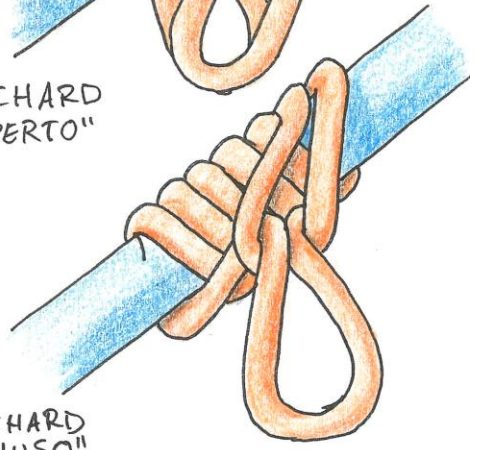
E SICUREZZA



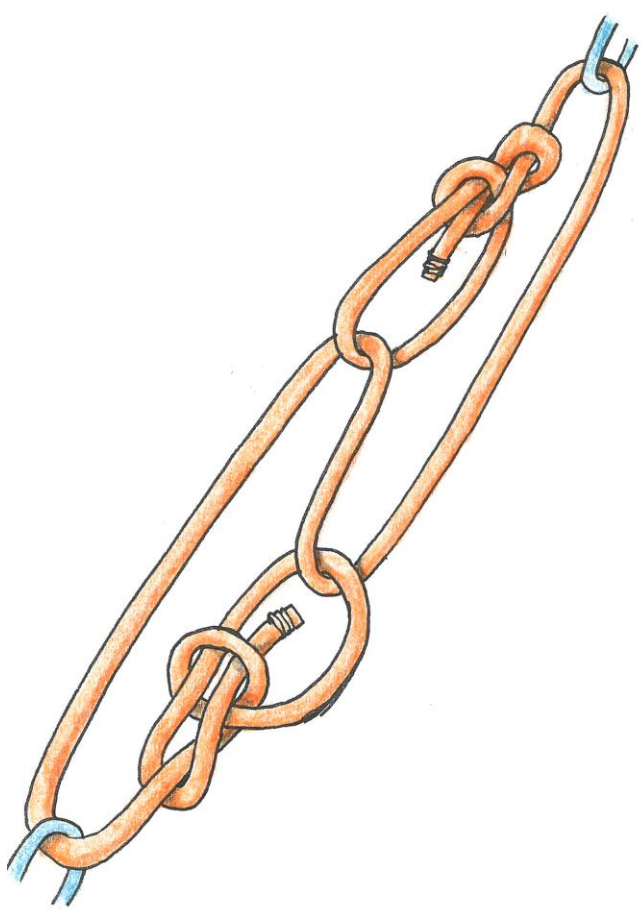
PRUSIK



MACHARD
"APERTO"



MACHARD
"CHIUSO"



PARANCO DI
POLDO

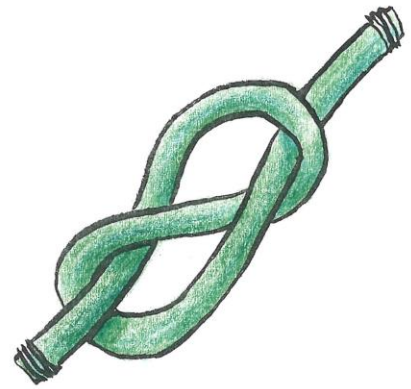


SAVOIA (OTTO)
RIPASSATO

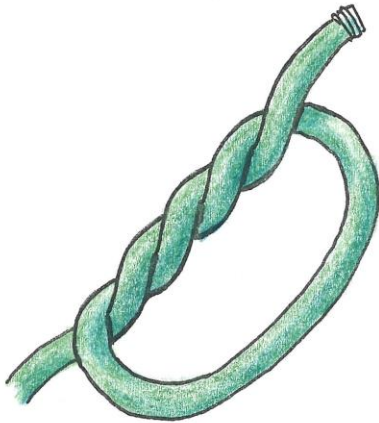
F FERMA - APPESANTIMENTO



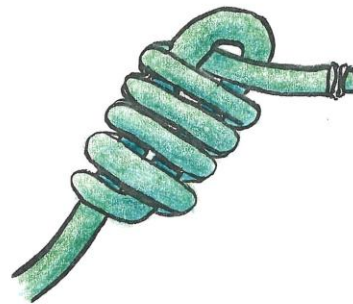
SEMPLICE



SAVOIA
OTTO



CAPPUCCINO

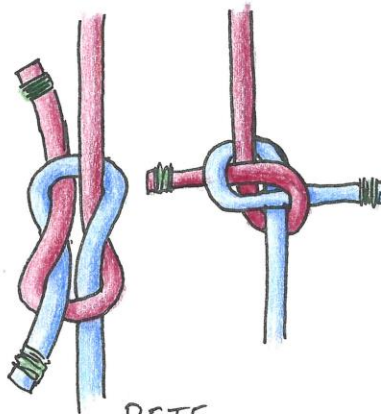


FRANCESCANO

G GIUNZIONE



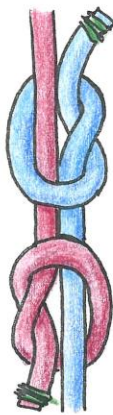
PIANO



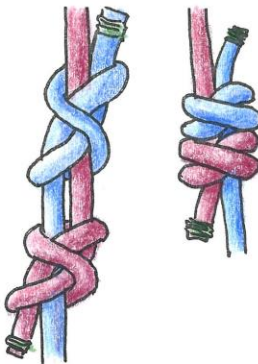
RETE



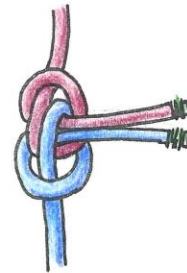
CHIRURGO



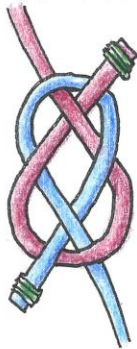
INGLESE
PESCATORE



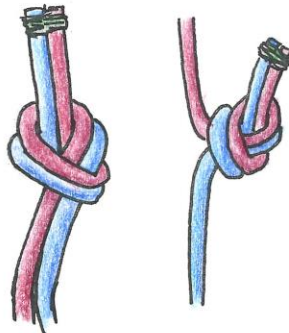
INGLESE
DOPPIO



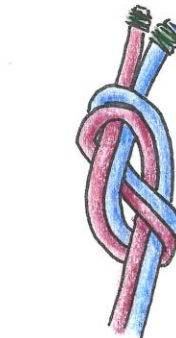
FARFALLA



CARRICK
VACCAIO



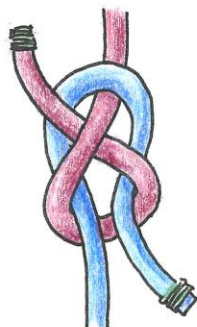
SEMPLICE
RIPASSATO
(DOPPIO)



SAVOIA (OTTO)
RIPASSATO



DUE GASSE



BANDIERA
SCOTTA



BANDIERA
DOPPIO